



BEDFORD MARTIAL ARTS ACADEMY

JANUARY, 2019

292 Route 101, Bedford, NH (603) 626-9696

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	31 CLOSED HAPPY NEW YEAR	1 CLOSED HAPPY NEW YEAR	2 3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/BI—Age 9-12 5:00: MM W/Y/O—Age 3-6 5:20: Adaptive Martial Arts 5:30: MM P/G/BI- Age 3-6 6:00: W/Y/O/P -Age 6-12 6:00: B/G/Br/BI-Age 6-12 6:45: All Ranks Age 13-17 6:45: Adult	3 3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/BI Age 9-12 5:00: MM W/Y/O—Age 3-6 5:15: All Ranks Age 13-17 5:30: MM P/G/BI- Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/BI—Age 6-12	4	5 8:00: Adaptive Martial Arts 8:30: MiniMaster Age 3-6 9:00: W/Y/O/P— Age 6-12 9:00: B/G/Br/BI—Age 6-12
MM = MiniMasters W = White Belt Y = Yellow Belt O = Orange Belt P = Purple Belt B = Blue Belt G = Green Belt Br = Brown Belt BI = Black Belt	7 3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/BI—Age 9-12 5:00: MM W/Y/O—Age 3-6 5:30: MM P/G/BI- Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/BI—Age 6-12	8 3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/BI—Age 9-12 5:00: MM—All Ranks Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/BI—Age 6-12 6:45: All Ranks Age 13-17 6:45: Adult	9 3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/BI—Age 9-12 5:00: MM W/Y/O—Age 3-6 5:20: Adaptive Martial Arts 5:30: MM P/G/BI- Age 3-6 6:00: W/Y/O/P -Age 6-12 6:00: B/G/Br/BI-Age 6-12 6:45: All Ranks Age 13-17 6:45: Adult	10 3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/BI Age 9-12 5:00: MM W/Y/O—Age 3-6 5:15: All Ranks Age 13-17 5:30: MM P/G/BI- Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/BI—Age 6-12	11	12 8:00: Adaptive Martial Arts 8:30: MiniMaster Age 3-6 9:00: W/Y/O/P— Age 6-12 9:00: B/G/Br/BI—Age 6-12
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